teel Valley Dolphins

July 2015



USSVI Creed:

"To perpetuate the memory of our shipmates who gave their lives in the pursuit of duties while serving their country. That their dedication, deeds, and supreme sacrifice be a constant source of motivation toward greater accomplishments. Pledge loyalty and patriotism to the United States of America and its Constitution."

The official newsletter of the USS Requin Base of the USSVI Pittsburgh, Pennsylvania



Meetings held on the second Saturday of the month normally in Leetsdale at the VFW Post and quarterly meetings held around our membership area.

Make a difference, get to a meeting!

- Pride Runs Deep -----

Next meeting: Saturday August 8th at the VFW in Leetsdale, PA.

2015 USS Requin Base Officers

2013 USS Requiii Dase Officers				
Base Commander	Hubert C. Dietrich	412-486-2635	hueyfromglenshaw@aol.com	
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Storekeeper	Joe Campisi	412-322-3201	jcampisi1@comcast.net	
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COB/Historian -	Clyde Porter, jr.	740-635-3179	candsporter@comcast.net	



August

USS S 39 (SS 144) USS POMPANO (SS 181) USS FLIER (SS 250) USS HARDER (SS 257) USS BULLHEAD (SS 332) USS COCHINO (SS 345) August 16, 1942 August 29, 1943 August 13, 1944 August 24, 1944 August 6, 1945 August 26, 1949

Binnacle List





COMMANDERS CORNER:

Our last base meeting, which was held in Columbiana, Ohio was a great success. Our shipmate and host, Richard Simpson and his first mate Betty, really rolled out the Welcome Mat. The picnic is such a hit with our shipmates and their first mates that we will have our meeting at the American Legion as a yearly event.

The menu consisted of roasted chicken, barbeque ribs with roasted potatoes/peppers and wonderful tasting cake. As fate would have it, due to a communication problem at the Legion, the in-house chief had his days mixed up and he and his crew were AWOL. So Dick and Betty were put on cook duty. And luckily one of our new shipmates, Ric Guntang, arrived early (first time at a meeting in Ohio). He is retired navy, as a Cook and Chef. Ric put on his apron and dug right in. He prepared the barbeque sauce and smoked them JUST right. Isn't that what shipmates do?????????

Shipmate James Messer from the Oklahoma Base honored us with his presence by driving up to meet his new base shipmates. He recently moved into the area a few weeks ago. He was impressed with all the doings and activities of the base and especially with all the shipmates that he met. He offers to help with anything we need done - KUDOS J.B.

This month the Columbiana Police were honored by both the Base and the Mayor. Past Base Commander, Joey Campisi gave a great proclamation speech and every officer was appreciative and touched. They could not thank us enough. Shipmates Jack Sutherin and also Dick Simpson, who are from Columbiana, want to thank everyone. Ginny Sutherin was in attendance and her health is steadily improving. So good to have you back Ginny!

HANGING WALL QUILT

First mate Carol Keller is recovering from two strokes, the second one being the most serious, while her hubby Robert, is coming along after a heart attack. Awhile back, She promised to make the base a quilt for the convention, as a fund raiser. She kept her promise in spite of her set back. She made a hanging wall quilt and trust me, it is gorgeous. She asked us to raffle it off by itself, not part of a Chinese auction, to recoup the value that she estimated. The tickets are \$2.00 apiece or 3 tickets for \$5.00. Lets not disappoint Carol by not buying at least one ticket. For the shipmates that will not be attending the convention, this will be one way that you can support your base! It will be raffled off during the convention and the winner will be notified promptly. Please send in your raffle donation directly to me (213 Andrew Dr., Glenshaw, Pa 15116).

MEMBER UPDATE

Shipmate Richard Beauregard, from Johnstown, Pa sailed down to Charleston, South Carolina on his yacht, two years ago, to be close to one of his sons, who is in the navy. Well as luck has it, his son just graduated from Sub school and is attending "A" school in Groton. So Richard sold his boat and is in the process of moving up to Groton to be close to his family - kudos shipmate.

CONVENTION TALK

Now is the time for all you procreators to register, if you have not already done so. Your committee has been working extremely hard to planning this event. It would be awesome to have a great showing from the Requin Base. You will not have this opportunity again, to be able to attend the convention, right in your own back yard. And for you shipmates, that are out of state, this is an ideal time to meet your fellow base members and renew old friendships.

There are several boat reunions that are attending the convention - REQUIN, RONQUILL, SAN FRANSICO, SKATE and TAUTOG.

We are pleased to announce that VADM William Hunter Hilarides will be our Key Note Speaker at the convention banquet on Saturday, September 12th. His aide, LCDR Meyers telephoned me this morning and gave me the great news. VADM Hilarides is in command of NAVSEA, which is Naval Sea Systems Command. We are extremely proud to have the Admiral and his aide coming to participate in our Convention. By the way, both the Admiral and his aide are submarine veterans and WILL become our newest base shipmates. We have 6 captains, and now we will have an ADMIRAL.......

NEW MEMBERS

RENO FARINA qualified on the USS SEA OWE SS405 in 1965 as a TM3(SS). He left the navy in 1967. Reno lives in Lower Burrell with his wife Barbara. Please e-mail Reno and welcome him aboard - renfarina@comcast.net

RICHARD GEYER qualified on the USS TORO SS422 in 1961. He left the navy in 1966 as a QM3(SS/DV). Richard lives in West Sunbury, Pa with his wife Beverly. Dick is a consultant for - Underwater Activities, Solutions, Training; Government and Industry. Please e-mail Dick and welcome him aboard at - dgdiving@gmail.com

JAMES MESSER qualified on the USS PAARCHE SSN683. He left the navy in 1991 as a EMCM(SS/SW). James relocated to Pittsburgh (Robinson Township) from Oklahoma and is a member of the USS OKLAHOMA CITY BASE. His wife Sandra is back home, waiting for the old homestead to be sold before she arrives in the burgh. He is presently working for CCAC with his office on the North side. Please e-mail J.B. and welcome him aboard at - j.b.messer5152@gmail.com

RONALD WEAVER qualified on the USS RAY SSN653 in 1972. He left the navy in 1988 as a MMCS(SS). Charlie lives in Murrysville, Pa with his wife Cynthia. Please e-mail Charlie and welcome him aboard - ronweaver@comcast.net

TOATAL BASE MEMBERSHIP- 215

BIRTHDAYS		ANNIVERSARIES
Members	Spouses	
Buzzard, Scout 7/16/88	Mathews, Eva 7/13	Bright, Don & Dorothy 7/29
Chandler, Josua 7/04/94	Keller, Carol 7/29	Campbell, Robert & Judy 7/16
Couch, Donald 7/14/36	Mack, Vivian 7/7	DeNicola, Tony & Judy 7/04
Davenport, Kato 7/14/36	Carranza, Olivia 7/10	Lawton, Christine 7/10
Denny, George 7/04/29	Nelson, Patricia 7/01	Hamil, Lou & lisa 7/14
Fortune, James 7/14/71	Nicotra, Rose 7/11	Farina, Reno & Barbara 7/15
Gourley, Robert 7/26/42	Segeleon, Eleanor 7/06	Keller, William & Louise 7/21
Greenlee, William 7/22/39	Shal, Ruth Ann7/02	Kossler, Steve & Susan 7/22
Hamil, Lou 7/28/62	Sipes, Holly 7/23	Nunnery, Doug & Susan 7/22
Jacobson, Chris 7/18/76	Simon, Eileen 7/22	Wassenberg, Paul & Mary 7/05
Kosler, Steve 7/27/27	Smircic, C. 7/14	
Lasher, James 7/27/27	Shook, Alice 7/14	
Lucas, Ron 7/10/57	VonRabenau, Linda 7	/21
Morgan, Ed 7/09/45		
Paul, Ed 7/13/31		
Schwertfeger, Charles 7/31/23		
Shal, Chris 7/02/64		
Simon, Jeff 7/01/53		

Requin Base Meeting Minutes

July 11, 2015 Columbiana, OH

Base Commander Huey Dietrich called the meeting to order.

Attendees: Greg & Maggie Bayne, Lee & Patsy Bookwalter, Clair & Nancy Bouts, Don Bright, Joe Campisi, Huey Dietrich, Aaron & Sandy Ellis, Peter Foster, Ron Goron, Bob & Lynn Gourley, Ric & Joan Guntag, James Messer, Ed & Dot Paul, Chip & Sharon Porter, David & Ann Sawin, Bill Simmons, Dick Simpson, George Stass, Carl Stigers, Jack & Jenny Sutherin, Don & Dolly Taskey. Base Commander Huey Dietrich gave the quote of the day: "the reason why worry kills more people than work is because more people worry than work"

Requin History: July 13, 1945 USS Requin joined the Pacific Fleet in the Panama Canal Zone. July 31, 1945 USS Requin arrived in Pearl Harbor Hawaii.

Base Commander Huey Dietrich: Let us at this time, with a moment of silent prayer, remember our Shipmates who made the supreme sacrifice that we may gather here in Peace. We dedicate this meeting to our Shipmates on Eternal Patrol, to perpetuate their memories in our lives and to honor our Shipmates on active duty in the service of the first line of defense of our Nation.

Boats Lost:

Welts, Robert 7/01/66 VonRabenau, Paris 7/22/43

USS S 28 (SS 133) July 4, 1944 USS ROBALO (SS 273) July 26, 1944 USS GRUNION (SS 216) July 30, 1942

We also remember our departed shipmate of the Requin Base Dex Armstrong and John Grienenberger. Let us also remember the brave submariners who died performing their duties aboard submarines, some individually and some in groups, but where the submarine itself was not lost.

Chaplain Carl Stigers gave the Invocation.

Chief Of The Boat Clyde Porter led the Base in the Pledge of Allegiance.

Members introduced themselves and the boats they qualified on.

Minutes of last month's meeting were accepted as published in the SVD.

Treasurer's report was waived as the meeting was away from home port.

Other Reports:

Binnacle List includes Rick Elster, Bob Gourley, Mat Holzer, Bob Keller, Carol Keller.

Membership stands at 213.

Members can buy small stores and base coins from Joe Campisi.

Eagle Scouts presentations are ongoing and members are encouraged to participate.

Shipmate Bob Bitner is working on a fund raiser for Kap(SS)4Kid(SS) to bring 20 kids and families from Children's Hospital to tour the USS Requin during the convention.

Members present approved a motion to order additional hats for the North Start Kids who are singers for the convention.

Adopt A Kop, Shaler Township police were impressed and very happy that we honored them.

Memorials And Ceremonies:

Nothing planned

Old Business:

A visual walkthrough of the USS Requin is being prepared by Shipmate Lou Hamill, pending approval of the Science Center, and will be posted on the new USS Requin website.

New Business:

August base meeting will be held on August 8 in Leetsdale PA

There will be no base meeting in September due to the convention.

For The Good Of The Order:

New Holland Club members include Alan Schiegg, Fred Koppenhaver, and James Hughes. Two others will be inducted at the convention.

North East District Three, District Commander election is ongoing until August 1. Please go to the USSVI website and vote or send your ballot in by regular mail. Vote for who you want but please vote.

Columbiana Policeman were honored at today's meeting.

Convention News:

Convention bags must be ordered by July 23

Excess Pirates baseball tickets must be returned by July 27

Convention magazine must go to printer by August 1.

Guest Speakers:

Men's Luncheon – Dave Campbell

Banquet - TBD

Holland Club – Congressman Keith Rothfus

Women's Luncheon - TBD

Volunteers are needed to help set up.

Need list of persons making baskets for Chinese Auction

A quilt is being donated by Carol Keller

Chaplain Carl Stigers gave the Benediction and blessing of today's meal.

Adjournment: The meeting was adjourned.

Next meeting: Leetsdale, PA VFW at 1230 hours on August 8, 2015.



Data Erasure ► Electronic Devices | Deleting Personal Data

Our gadgets are an extension of our most private thoughts and feelings, and the idea of someone being able to access our late-night texts, family photos, or old tax forms is just plain disturbing. That's why it's so crucial to properly erase all of the personal data from your device before you sell it, recycle it, or pass it along to a friend or family member. But getting your device squeaky clean isn't always as easy as it seems. A recent CNN report highlighted the ongoing issues Android users are having with resetting their devices. Phones made by Google, HTC, LG, Motorola, and Samsung have all been known to retain personal data, even after being completely wiped. This guide will help you do the best possible job of deleting personal data from your smartphone, tablet, or laptop. It covers the best practices for iOS, Android, and Windows mobile devices, as well as tips for MacBooks and Windows laptops.

How to erase personal data from your smartphone

iOS: To remove all settings and information from your iOS device, go to Settings> General> Reset> Erase All Content and Settings. Apple has a helpful guide on prepping your device for resale, which outlines steps for clearing your device either remotely or while it's still in your custody. If you want to be extra cautious, you can also remove your iCloud association with the device. To do this, go to Settings> iCloud and select either "Delete Account" or "Sign Out." The option you see will depend on what version of iOS you are running.

Android: Due to the fragmentation of the Android platform, there are lots of different ways to go about deleting your data. Each different "skin" of Android (the unique interface designed by the phone manufacturer) may have a slightly different menu for resetting your device. For example, to do a factory reset on a new HTC One M9, you would go to Settings> Backup & Reset, and select "reset phone." You'd also want to select the option for "Erase SD card," if using one. In contrast, the factory-reset procedure for a Samsung Galaxy S5 would have you swipe down and tap the gear icon, then swipe down again until you see the "User and Backup" section. From there, select "Factory data reset." When in doubt, check your owner's manual or the manufacturer's website for the recommended protocol for your specific device. It's probably a safer bet to wipe your phone personally, and not trust the clerk at your local carrier store with the task. It's also smart to wipe your device using the suggested factory reset options outlined in your owner's manual, but then follow up that "deep clean" with a Google search for "how to erase + [your specific device]," and follow that additional advice as well. This search will pull up additional advice on properly deleting data, as well as alert you to any known issues with incomplete deletion that other users have experienced. Ideally, the comments section of those posts will have some workarounds for any known issues. The CNN report mentioned earlier has some harsh words from the experts, with one expert stating that the best option for getting rid of the data on your phone is to just "smash it." Every Android device tested by experts still retained a fraction of supposedly "wiped" data. A kinder alternative to smashing? Pass on your old phone to someone you trust completely, like a friend or relative. If they do find some data left behind on the phone, you can trust that they won't abuse it.

Windows phone: Windows phones may not have a huge share of the mobile marketplace, but if you do happen to use one of these devices, here's what you need to know to complete a factory reset. Go to the app list and tap "Settings." Hit "About," and then select the option for "Reset your phone." Planning to recycle a really old, buggy device? If the device is unresponsive and you can't reach the Settings menu, some Windows Phone models can be reset with a Contra-like secret code. Press and hold both the Volume Down and Power buttons until the phone buzzes. Immediately hold the Volume Down button until a "!" appears. Finally, press buttons in this order: Volume Up, Volume Down, Power, Volume Down. The device will restart. You should then be able to get into the phone and confirm that the data has been removed.

How to erase personal data from your tablet

iPad: A nice thing about being entrenched in the Apple ecosystem is that factory reset protocols are the same across all iOS devices. Refer to the iOS section in the smartphone part of this guide for more details on deletion. Clearing out your Safari history, data, and cookies is also a smart move for the cautious consumer.

Android Tablets: As with Android smartphones, the precise menu steps for doing a factory reset can vary across devices. Find the option for "Backup and reset" on your device, and scroll down to "Reset" and confirm your selection. If you are feeling particularly worried about your personal data, you can take the extra step of encrypting your data. On an Android tab or phone, go to Settings> Security, and select the option for Encryption. You will have the option to encrypt your device, as well as the SD card (if supported). The process may take about an hour.

Windows Tablets: Windows tablets like the Surface line can be given a factory reset from within Windows, or from the Windows sign-in screen (nice for an older tablet that you want to get rid of, but can't actually remember the password for).

☐ To reset a Surface from within Windows, go to Settings> Change PC Settings> Update and Recovery> Recovery> Remove everything and reinstall Windows. Then, just hit "Get started," followed by "Next," "Fully clean the drive," and then finally "Reset."

☐ To reset from the sign-in screen, tap the Power icon on the lower right of the screen, then tap the Shift key on the on-screen keyboard (or the keyboard attachment, if using). Keep holding Shift, tap "Restart" or "Restart anyway." After it restarts, select "Troubleshoot" from the "Choose an option" screen. Go to Reset Your PC, select "Next" and then "Fully clean the drive."

How to Erase Personal Data From Your Laptop

Mac: Not surprisingly, Apple has also put together a list of recommended steps to take before giving away or selling your Mac, in order to ensure no trace of your stuff remains. That link also has specific step-by-step guides for reformatting your hard

drive, based on what version of OS X you run. Before doing that:
☐ The first step is to de-authorize your laptop from iTunes, to prevent the next owner from buying a bunch of music on
your dime. You'll also want to sign out of iMessage and iCloud.
□ Next, restart your computer and hold down the Command and R keys. Select "Disk Utility" when prompted, then select
your startup disk on the next page. There's a tab marked "Erase." Choose your OS, erase it, and then quit Disk Utility.
☐ Finally, select "Reinstall OS X." Again, the precise menu commands may differ a bit depending on what version of OS
X you have installed, so check out the Apple guide above for the best instructions for your machine.

Windows: The precise steps to follow will depend on what version of Windows you are running. Just deleting files by sending them to the Recycle Bin won't be enough: A savvy skimmer knows how to use recovery tools to restore these "deleted" files. A program like Secure Eraser can help Windows users be absolutely certain that files and personal data are irretrievable, thanks to a clever use of over-writing. Once this program has been run, you can sell or donate your laptop with more confidence. Another solid option to consider for either Mac or PC? Remove the hard drive entirely from your laptop before selling or donating your old computer. You can save the drive for your personal use, or physically destroy it. Just make sure that any damaged computer parts are dumped or recycled in accordance with your local trash laws.

[Source: MoneyTalksNews | Tucker Cummings | June 30, 2015 ++]

Know Your Food Update 03

Health Impact of Spices & Herbs Antioxidants, found in a majority of herbs and spices, are special substances that may protect cells from the damage of unstable molecules, known as free-radicals. While some people recognize that antioxidants can be found in brightly colored fruits and vegetables, most people are surprised that some herbs and spices are also a rich source of antioxidants – in fact, most herbs and spices contain a greater amount of antioxidants! It is believed that eating foods rich in antioxidants can provide many benefits that may include preventing chronic illnesses like heart disease and cancer, and they can also be prevailing in weight loss and blood sugar control. Spices and herbs are a great way to add flavor to foods while reducing fat, sugar and salt content – supporting weight loss and many of the associated chronic illnesses found in overweight, obese, or morbidly obese individuals, respectively.

Related chronic illnesses for many individuals include, but are not limited to: hypertension, type 2 diabetes, and high cholesterol. For instance, removing only one tablespoon of fat per day may result in a loss of 10 pounds per year! Herbs and spices have also been researched for their potential protective roles in their ability to reduce inflammation, most importantly, serving as a means to a reduction in chronic pain. Frequently used herbs and spices include: garlic, dill, rosemary, basil, turmeric, oregano, cinnamon, ginger, and coriander. Unfortunately, most don't know on how to cook with herbs and spices, as the old salt and pepper shakers and butter have become all-too-common as a means for flavoring food. Rest assured, cooking will be much more enjoyable once one has grasped the herb and spice basics. For additional information on how to cook with herbs and spices, visit with you Primary Care Team Registered Dietitian (PACT RD) for additional resources and one-on-one education! [Source: VAntage Point Blog | RDN Renee Wellberg | July 09, 2015

Credit Card Blocked Purchases ► What You Can't Buy With One

Credit card brands always brag about their cards' ability to expand your purchasing power and vie with each other for the greatest universal acceptance worldwide. Remember MasterCard's priceless slogan: "There are some things money can't buy. For everything else, there's MasterCard"? Or Visa's: "It's everywhere you want to be"? It turns out there are some things credit cards won't buy. So you can leave home without it, to riff off of American Express' catchphrase. While credit companies typically want you to pull out their credit card for a purchase, the payment networks -- American Express, Discover, MasterCard and Visa -- won't approve so-called naughty purchases. These transactions are treated as high-risk activities or run afoul of federal law, even if state laws allow it. Here are five of them:

Marijuana. It doesn't matter if you're buying marijuana for a medical purpose or for recreation; the transaction can only be made by cash. Discover and American Express have confirmed they don't allow cardholders to buy medical or recreational marijuana. "It's our policy to adhere to federal law in such matters," says Sanette Chao, a spokeswoman for American Express. Federal law still bans the sale of marijuana for medical or recreational purposes, even though 18 states and Washington, D.C., have legalized medical marijuana, and two states -- Washington and Colorado -- recently OK'd recreational marijuana purchases. Other credit card companies have also placed restrictions on the use of credit cards for marijuana purchases, while the payment processors -- such as Visa and MasterCard -- have canceled merchant agreements with medical marijuana providers across the country, says Betty Aldworth, deputy director of the National Cannabis Industry Association. Visa and MasterCard did not respond to requests for comment. Aldworth also says banks won't extend basic banking services to marijuana dispensaries, meaning they can't take checks, either. "This can cause real-life issues for patients desperately seeking medicinal marijuana," she says.

Online Pornography. If you're looking for a little online titillation, don't use your American Express card for the experience. The company doesn't allow its cardholders to purchase online pornography, even though it's federally legal, says Chao. According to the company spokeswoman, the policy has been in place since 2000. The company found that the online adult-content industry has "an unacceptably high level of customer disputes," according to Chao. This raises administrative costs for American Express to deal with these disputes. The ban extends to American Express gift cards and prepaid cards as well, says Chao. Visa declined to comment, while MasterCard and Discover did not respond to inquiries about their online pornography purchase policies.

Gambling Chips. If you need chips for that high-stakes poker game in Las Vegas, better bring cash. Nevada laws prohibit

the purchase of gambling chips with a credit card, says Gary Thompson, spokesman for Caesars Entertainment Corp., which owns, operates or manages casinos in 13 states and seven countries. Other states have their own regulations regarding gambling restrictions, says Brian Lehman, spokesman at the American Gaming Association. However, state laws may be moot. Discover and American Express ban the practice of buying casino chips with their cards, representatives from both companies said. Buying gambling chips on a credit card is also a violation of the contracts that Caesars has with Visa and MasterCard, says Thompson. Neither Visa nor MasterCard responded to confirm. However, credit cards do allow cash advances from ATMs that can, in turn, be used to buy gambling chips. That's an even more expensive way to gamble because most credit cards charge interest on cash advances immediately after the advance is issued. Normally you are charged an ATM fee from your bank and the entity that owns the ATM. With a cash advance, you incur those charges plus immediately start accruing interest charges on the cash advance. The average cash advance annual percentage rate runs between 18 percent and 20 percent, according to Bankrate's weekly survey of interest rates.

Lottery Tickets. Looking to win millions? You can't use your American Express or Discover card to get the chance. Both companies prohibit cardholders from buying lottery tickets with their credit cards. Chao calls the purchases "high-risk business activities." Besides the card companies, some states, including Connecticut, Iowa, Wisconsin and California, prohibit the purchase of lotto tickets with credit cards. Even in states that allow the practice, the retailer may turn you down. "Lotteries often leave the decision up to the retailers," says Tom Tulloch, director of administration for the North American Association of State and Provincial Lotteries. "Often retailers are reluctant to accept credit cards for lottery purchases (because) their sales commission is reduced by the swipe fees they would have to pay on the transaction." Visa and MasterCard declined to comment on their policies toward purchases of lottery tickets.

WikiLeaks Donations. Shortly after WikiLeaks -- the rogue information-gathering and dissemination website -- leaked hundreds of thousands of classified U.S. diplomatic cables to the public in 2010, Visa and MasterCard blocked donations to the site. At the time, MasterCard said it doesn't allow its customers to be engaged either directly or indirectly with illegal activity. The organization, set up by Julian Assange, says it has lost 95 percent of its revenue since the so-called financial blockade began. However, in December 2012, a new organization called the Freedom of the Press Foundation was created and funnels donations to WikiLeaks among other organizations that execute "aggressive, public-interest journalism." The foundation takes all major credit cards for donations. Visa and MasterCard both declined to comment on the financial blockade. WikiLeaks never signed up to accept donations through Discover or American Express. [Source: Bankrate.com | Janna Herron | Jun 2015 ++]

Saving Money ► Tickets | Tips to Avoid Moving Violations

Speeding is by far the most common type of moving violation. It's the reason for 66 percent of moving violations; and speeding tickets are on the rise, according to a survey conducted this month by Princeton Survey Research Associates International for insuranceQuotes.com/www.insurancequotes.com/auto/traffic-tickets-insurance-rate-increase). They're up 4 percent from a similar survey two years ago. Common reasons for traffic tickets received over the past five years in descending order are: \square Speeding: 66 percent

☐ Running a stop sign or red light: 14 percent
☐ Driving without a license: 11 percent
☐ Not wearing a seat belt: 9 percent
☐ Driving while using a mobile device: 6 percent
☐ Careless or reckless driving: 5 percent
☐ Passing another vehicle improperly: 4 percent
☐ Failure to stop for a pedestrian: 3 percent
Driving under the influence: 2 percent

More women (69 percent) get speeding tickets than men (64 percent), and people ages 50 to 64 (70 percent) get more speeding tickets than any other age bracket. The survey also found that most drivers who got a moving violation (78 percent) did not experience an insurance rate hike as a result. But even when that's the case, it can be costly to fight or pay for a ticket. So we've rounded up these tips to help you avoid the most common type of ticket.

- 1. Know your state law In Florida, where Money Talks News is headquartered, drivers can get away with going up to 5 mph over the speed limit. The penalty for doing so under state law is a warning. (Of course, there are exceptions, such as in school zones.) Fines apply to drivers going at least 6 mph over. A common violation like speeding five or 10 miles over the limit can cause a modest increase in premiums for a middle-
- aged driver and a huge hike for a young driver, says Jon Zimmerman, a Washington traffic attorney. For example, a married 45-year -old driver might pay \$30 extra per month, or \$360 a year. But a single driver under 25 could pay \$100 extra per month, or up to \$1,200 in a year, he says.
- 2. Be aware of your surroundings Driver advocate Richard Diamond, who blogs about the politics of driving, tells Popular Mechanics magazine that drivers must have situational awareness. For example, "if traffic slows, there's a reason," he says.
- 3. Avoid the fast lane Not only does driving in the left-most lane risk giving an officer the impression you meant to go fast, it also makes it easier for officers hiding along the median to catch you. That's because it's the lane closest to them.
- 4. Watch out for hiding spots Be aware of locations where officers can hide their cars or motorcycles from drivers but remain close enough to the roadway to use a radar gun and quickly hop back on the road to catch a speeder. On highways, for example, such locations include median cutouts, overpasses and bends in the roadway wide enough to hide what lies ahead. Mike Brucks, a former traffic cop for the military and El Paso, Texas, tells Popular Mechanics that when he was on duty on his motorcycle, his favorite hiding spot was the freeway: "That's where there are more speeders. I'll park under overpasses, on bridges. I need to be able

to start the bike and accelerate to go after someone."

- 5. Wave at hidden police An unidentified former police officer tells Reader's Digest that if you notice a hidden police vehicle while already driving a little too fast, you should wave at the officer as you drop your speed. [The officer] will either think that you know each other and wave back, or will think that you're acknowledging that you were driving too fast, and are letting him know that you're slowing down. Either way, you drastically reduce your chance of getting a ticket.
- 6. Look innocent Some officers decide whether to give a ticket or a warning before they approach a driver, according to Reader's Digest. So it helps to maintain your car exterior in a way that conveys that you're a responsible, law-abiding citizen rather than a frequent speeder who hates police and is hiding something. That includes keeping your car clean and uncluttered and avoid adding bumper sticks that might offend cops. Spoilers, tinted windows and neon undercarriage lights also are unlikely to make a favorable impression with cops.
- 7. Keep your car in working order Jon Zimmerman, a traffic attorney in Washington state, tells InsuranceQuotes.com that officers are more likely to let a single offense slide by, meaning they're more likely to pull over a car that is speeding and has a broken headlight or taillight, for example.
- 8. Be considerate If you are pulled over, be nice. "Fighting with the police officer never increases your chances of leniency. You want him to like you," says Lifehacker writer Stewart Rutledge, who says he's kept about 30 speeding tickets off his record. Also keep in mind that pulling people over can be a dangerous task. So don't do anything that might make an officer feel uneasy. The insurance company Esurance advises you: Turn off your car and turn on your hazards. If it's dark, flick on a light inside your car. Roll down your window all the way. \square Remove your hat and sunglasses. Stay inside the car and keep your hands visible. Rutledge recommends placing them at 10 and 2 on the steering wheel. \square Don't reach for your license, registration or insurance until asked, as an officer might perceive sudden hand movements as threats.

[Source: MoneyTalksNews | Karla Bowsher | April 28, 2015 ++] 70th Anniversary of the End of World War II BayNet, July 25

DAHLGREN, Va. – "World War II Ends: Dahlgren Tests Validate New Atomic Capability" is the theme of a community forum sponsored by the Dahlgren Heritage Foundation on August 11.

Hosted by St. Paul's Episcopal Church, 5486 St. Paul's Rd., in King George, the community forum will be open to the public and offered at no charge. The event will begin at 4:30 p.m. with an informal reception and the program will begin at 5 p.m.

The Dahlgren Heritage Foundation is targeting 2015 as a year-long opportunity to observe the 70th anniversary of the end of World War II through the lens of the innovations and technology developed and tested by the U.S. Navy at Dahlgren, Va. that helped determine the outcome of that war and continue to be critical to the tactical and strategic capabilities to U.S. armed services today and into the future. The centerpiece of this year-long commemoration is a series of quarterly community forums

Vice Adm. William Hilarides, commander for Naval Sea Systems Command (NAVSEA) in Washington, D.C., is the featured guest speaker for the August 11 forum. Hilarides oversees a global workforce of more than 56,000 military and civilian personnel responsible for the development, delivery and maintenance of the Navy's ships, submarines and systems.

A 1981 graduate of the U.S. Naval Academy, Hilarides has served at sea on U.S. attack submarines and ballistic-missile submarines in deployments to the North Atlantic, Mediterranean, Arctic and Western Pacific.

The forum will also feature a guest panel discussion that will include Dr. James Colvard, a former technical director for the Naval Surface Warfare Center at Dahlgren and former special assistant to the Secretary of the Navy, and Chris Kolakowski, director of The MacArthur Memorial in Norfolk, Va. The panel will be moderated by Ed Jones, president of the Dahlgren Heritage Foundation.

While there is no charge to attend, registration is strongly encouraged and may be completed on line at www.eventbrite.com (search for Dahlgren Community Forum) or from the Dahlgren Heritage Museum's Facebook site https://www.facebook.com/pages/Dahlgren-Heritage-Museum/218635358172762.

The World War II commemorative programming of 2015 will also provide a platform for the Foundation to prepare for the centennial of the Navy base at Dahlgren in 2018. The Foundation anticipates that the Dahlgren Heritage Museum will factor into the base's centennial observance and will serve as helpful catalyst not only to tell the history of Dahlgren, but also to promote its future.

The goal of the Foundation is to generate a public understanding of the impact the U.S. Navy base at Dahlgren and the surrounding community has had in using science and technology to strengthen national defense, particularly through support for warfighters.

Dahlgren's function as the Navy's principal proving ground at the outset of World War II provided a critical capability for proofing and testing every major naval gun and all ammunition supplied to the Fleet to directly influence and support force readiness throughout the global conflict.

Dahlgren's ballistic ranges, coupled with the scientific and technical expertise resident at the base at the outset of World War II, played an important role in the nation's development of its first atomic weapon delivery system.

Dahlgren's ballistic ranges continue to provide a unique capability for proofing and testing every major naval gun and Fleet ammunition, as well as supporting RDT&E and proof testing for leading-edge weapons systems for Navy and other U.S. armed services.

The siting of the Naval Ordnance Relay Calculator (NORC) computer and further evolutions of computer systems employed at Dahlgren have been key to development of leading-edge ballistics research, space geodesy and space surveillance, and computer/ weapon systems integration, and have provided essential operational support to Navy and other U.S. armed forces on both strategic and tactical levels.

Today, Dahlgren has grown to serve as home to multiple DoD commands that execute a broad spectrum of scientific and response-force missions serving all branches of the U.S. armed services.

NSF Dahlgren makes a significant economic contribution to the local community and the installation's military commands, as a whole, serve as the largest employer in King George County, and one of the largest employers in the greater Fredericksburg area.

At Long Last, Hollywood To Tell The Story Of The USS Indianapolis

Will Higgins, Indianapolis Star, July 26

As the 70th anniversary of the July 30 sinking approaches, two major motion pictures are in the works.

The story of the USS Indianapolis has been often told.

Yet despite the violence and horror of what is considered the worst disaster in U.S. naval history, the story is still not widely known.

At least seven books have been written, but books about World War II history don't usually attract wide attention. In 1991 a movie was done, but it was a made-for-TV effort starring Stacy Keach.

Suddenly though, as the 70th anniversary of the July 30 sinking approaches, two major motion pictures are in the works. "USS Indianapolis: Men of Courage," starring Oscar-winner Nicolas Cage, began filming last month. Another project, still in development, would involve Robert Downey Jr., either on screen or in a producer role.

For the Indianapolis' crewmen, who are in their 80s and 90s, the widespread recognition that a major motion picture can bring has been a long time coming. Although many of them were haunted by their ordeal, "they want their story to be remembered," said Maria Bullard, the daughter of survivor Harold Eck and the chairman of Second Watch, a club for the crewmen's families.

"I have a whole box of documentaries," Bullard said, "but a Hollywood movie is the best way to get this story across to a worldwide audience. We all just feel like it's time for this to be told on the big screen."

The sinking of the USS Indianapolis occurred the night of July 30, 1945. The ship was returning from a U.S. base on Tinian Island in the Philippine Sea, where it had delivered enriched uranium and other components for an atomic bomb. That bomb would later be dropped on the Japanese city of Hiroshima.

A Japanese submarine slammed two torpedoes into the Indianapolis. The ship sank inside 15 minutes. The 900-some crewmen not killed in the initial attack went into the water, poorly equipped, some without so much as a life jacket.

The men huddled in small groups and wrestled with dehydration, hunger, hallucinations and sharks.

"There soon were hundreds of fins around us," wrote Eck in the 2002 book "Only 317 Survived," a compilation of survivors' stories. "The first attack I saw was on a sailor who had drifted away from the group. I heard yelling and screaming and saw him thrashing ... then I just saw red foamy water.

"My legs dangled in the water and were constantly being bumped by the sharks swimming below. I curled my legs up under me as close as I could."

Crewmen died for lack of water, too, and of exposure. Survivors would remove the life jackets from crewmen who died in the water and set them adrift. Sharks would come, Eck wrote, "and the floating dead were taken in a feeding frenzy."

A rescue came on Day 5. Nearly 600 men had perished in the sea.

Such drama would seem to be the stuff of box office gold.

But unlike "Unbroken," the World War II true story that was made into a movie last year and posted \$30 million in ticket sales its first weekend, the USS Indianapolis story did not end happily. Most of the crewmen died. Their well-liked com-

10

mander, Capt. Charles B. McVay, was court-martialed and driven to suicide. The ship's mission, though it did speed the war to its conclusion, led to death and destruction of a scope never before seen in human history.

"The overall picture is depressing," said Tim Irwin, artistic director of the nonprofit arts organization Heartland Film, "so you'd have to focus on an individual. Often they make it an amalgamation. I'm guessing they'll find a more positive side." Filmmakers typically do.

With "Titanic," the 1997 film starring Leonardo DiCaprio and Kate Winslet, director James Cameron turned the story of the doomed ocean liner into not just a special-effects maritime disaster but a testament to everlasting love. It ranks among the biggest grossing films of all time.

Michael Bay's "Pearl Harbor," the 2001 film starring Ben Affleck, Josh Hartnett and Kate Beckinsale, is about the deadly surprise attack but also about human bonding.

At least seven movies have been made about Pearl Harbor, and 22 about the Titanic.

Ironically, it was a movie, Steven Spielberg's 1975 blockbuster "Jaws," that gave the Indianapolis story its first wide audience by way of an arresting four-minute monologue by Robert Shaw's character, Quint.

The flurry of big screen action now would seem to be a coincidence – and proof that making a major motion picture is a huge, fraught undertaking. For years the Indianapolis survivors had their hopes raised then dashed as one film project after another started, then stopped.

Prospects seemed especially promising in 2001 after the Indianapolis story got a happy ending – the official exoneration of Capt. McVay. An indomitable 11-year-old named Hunter Scott, who after learning of the Indianapolis while watching "Jaws," led the charge to exonerate the captain.

Later that year, Entertainment Weekly reported that Mel Gibson was mulling playing McVay in a film based on Doug Stanton's best-seller "In Harm's Way." A director was picked: Barry Levinson. A title was picked: "The Captain and the Shark."

Nothing came of it.

Other industry reports followed of projects involving luminaries such as Ron Howard, Russell Crowe and J.J. Abrams.

Nothing came of those either.

And now, the deluge.

"USS Indianapolis: Men of Courage," which is directed by Mario Van Peebles ("New Jack City" and episodes of TV's "Empire," "Nashville" and "Law & Order"), also stars Tom Sizemore ("Saving Private Ryan," "Black Hawk Down") and Thomas Jane (TV's "Hung").

The Downey film would focus on the exoneration of Capt. McVay. The first script was tossed out, and a second one is expected to be completed by the end of the month, said Hunter Scott, an adult now who is in the Navy.

Scott said movie rights have been purchased for at least two other books: Peter Nelson's "Left for Dead," which focuses on Scott, who wrote the preface, and the Stanton book. Efforts to reach Stanton for comment were unsuccessful.

"There is no shortage of people trying to make a movie about the Indianapolis," Scott said. "Whatever happens, I hope they do the crew justice."

The predicament now for the long-obscured story is a surprising one: Can multiple films about the tragedy each succeed?

There is, to a degree, precedent. In 1997 two volcano movies fared OK: "Dante's Peak" (\$178 million worldwide) and "Volcano" (\$123 million). And in 1998 two films involving earth-threatening asteroids were profitable: "Armageddon" (\$554 million) and "Deep Impact" (\$350 million).

Thirty-two men are still alive from the crew of the USS Indianapolis, including Richard Stephens, 89, who eagerly awaits the Cage film.

"I think it's going to be a good movie," said Stephens, who was 18 when he and the others received the command to abandon ship.

He visited the set in Mobile, Ala., earlier this month. "I told (Cage) I didn't like movies that were fictional, and they should be trying to show more respect, they should be using the facts. He said it's going to be pretty true to facts."

Stephens attended the annual survivors reunion in Indianapolis, which was held Thursday through Sunday at the Hyatt Regency.

Many of the other survivors aren't well enough to attend the reunions. Last year 18 made the trek.

Films can take years to make. The Cage movie, the first expected to hit the big screen, is expected to be released late next year.

Eck has had a stroke and is not up and around much, said his daughter, Bullard. He was able to muster a smile last month, however, when his daughter told him the Cage movie had begun filming.

"I always knew," Eck whispered.